



**IACT – IMDHA**

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## Mentor Program

Share your expertise, grow, and make a difference!

### Design :

Mentoring is a two-way street. Let us take care of the boring parts so you can concentrate on personal and professional growth for both you and your mentees. Our mentoring program is designed exclusively for **Certified Practitioners** who wish to expand their knowledge base in a supportive atmosphere. By becoming a mentor, you will provide the opportunity for individuals to learn and apply hypnotherapy techniques, related modalities and business practices through the creation of a program specific to the individuals' interests and goals.

### Specifics :

Meetings are to be scheduled at the discretion of the Mentor and will take place via in-person meetings (where applicable) or by phone, e-mail and Skype/Zoom. Enrollment duration is six consecutive calendar months beginning on the date of assignment.

### Topics of Interest :

Each program **will vary** to meet specific mentoring needs and may involve addressing these common concerns: setting up a practice, pre-talk, post talk, recordings, various inductions for different types of clients, special concerns, actual cases, what's new in the field, how to integrate what you have learned, skill building, group hypnosis tips and techniques, confidence enhancement, therapy strategies, marketing and advertising, preparation for public appearances and presentations, etc.

### Tuition :

The total program cost is \$675.00. The mentee will pay a \$75.00 registration fee will be paid to the Association at the time of registration. The remaining \$600.00 will be paid to the Mentor by whatever preferred payment method and repayment schedule is arranged. **NOTE: The Association does NOT process or handle mentor payments.**

### Continuing Education Hours :

You will earn hour-for-hour CEU's upon **successful completion** of the 6-month program.

### Questions :

Please direct any additional questions or concerns to the Corporate Office.

**General requirements for becoming a mentor :**

- At least 5 years of demonstrable, hands-on experience.
- Friendly with great interpersonal skills, the ability to listen actively, empathize, and a genuine desire to help peers.
- Ability to carry a conversation effectively over a digital audio or video conferencing tool.
- Working experience in the categories of mentorship that you wish to provide.

*I wish to participate in this program as a mentor. I hereby swear and attest that all information provided on this application is true and complete to the fullest extent of my knowledge. If I am accepted, the Association may end the relationship immediately if I have made any false statements or material misrepresentations, written or verbal. I hereby release and agree to hold harmless from liability the Association, the officers, employees and volunteers thereof, and/or any other person or organization that may provide such information.*

**Signature :** \_\_\_\_\_ **Date :** \_\_\_\_\_

**Information :** \*Please check one  **IACT Certified Member**  **IMDHA Certified Member**

**Last Name (Fam/Sur) :** \_\_\_\_\_ **First Name (Given) :** \_\_\_\_\_

**City :** \_\_\_\_\_ **State/Province :** \_\_\_\_\_ **Country :** \_\_\_\_\_

**Primary Phone :** \_\_\_\_\_ **Email :** \_\_\_\_\_

**My Specific Mentor Specialties include :** **Please complete "SPECIALTIES CHECKLIST."** *Add additional information below.*

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**NOTE: The Association does NOT process or handle mentor payments.**  
 \$600.00 must be paid **directly** to the mentor for his/her time and talent invested in the program.  
 Preferred Payment Method and arrangements must be made with the assigned Mentor.  
 \*Payment Schedule may be an option and is solely at the discretion of Mentor.\*

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**OFFICE USE ONLY:**

Interview Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Acceptance Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Comments :

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# SPECIALTIES CHECKLIST

## ACADEMICS

- Academic Enhancement
- Academic Performance
- Learning Enhancement
- Learning Skills
- Study Habits & Skills

## ACHIEVEMENT

- Increased Performance
- Maximizing Potential
- Mindset for Success
- Motivation
- Peak Performance
- Personal Delopment
- Personal Excellence
- Personal Growth
- Time Management

## AGING

- Dealing with Physical Challenges
- Dealing with Physical Changes
- Limited Mobility
- Loneliness
- Symptoms of Menopause

## ADDICTIONS

- Self-control over Alcohol
- Self-control over Drugs

## ANGER

- Anger Issues
- Anger Management

## ANXIETY

- Apprehension
- Excessive Uneasiness
- Fears
- Worry

## ART

- Artistic Attunement
- Artistic Enhancement
- Performing Arts

## ATHLETICS

- Athletic Performance
- Golf Improvement
- Sports Enhancement
- Sports Performance

## BEHAVIOR MODIFICATION

- Behavior Issues
- Behavioral Change
- Excessive Behavior
- Habit Shifting
- Nail Biting
- Personal Growth
- Procrastination
- Unwanted Habits

## BUSINESS

- Business Enrichment
- Career Change
- Career Planning
- Job Burnout

## CHILDREN

- Working with Children
- Working with Teens
- Working with Young Adults

## CLINICAL

- Research & other uses of hypnosis by licensed health care providers, medical providers, social workers, etc.

## COACHING

- Business Coaching
- Hope Coaching
- Life Coaching
- Life Plans
- Life Purpose
- Life Skills
- Life Transitions
- Work/Life Balance

## CONFIDENCE

- Assertiveness
- Ego Strengthening
- Public Speaking
- Salesmanship
- Self Acceptance
- Self Actualization
- Self Confidence
- Self Control
- Self Empowerment
- Self Esteem

## CRISIS COPING

- Abuse
- Dealing with Natural Disasters
- Family Tragedy
- Military Service Transition

## DENTAL

- Dental/Surgical Support
- Dry Mouth
- Excessive Salivation
- Hypno-Anesthesia
- Hypnodontics
- Teeth Grinding

## EMOTIONAL ISSUES

- Aging
- Forgiveness
- Fgrief
- Guilt
- Hypnotic Assisted Birthing
- Inner Conflict Resolution
- Sadness
- Self Sabotage
- Situational Stress
- Sleep
- Smoking
- Weight

## FINANCIAL ISSUES

- Abundance
- Debt Elimination
- Financial Blockages
- Prosperity
- Self Sabotage

## FORENSIC HYPNOSIS

- Enhance of Clarity of a memory
- Hypnotically Refreshed Recall

## GENERAL HYPNOSIS

- Creating Positive Change
- Group Hypnosis
- Group Meditation
- Guided Imagery
- Limiting Beliefs
- Self Hypnosis
- Visualization

## GOAL ACHIEVEMENT

- Decision Making
- Goal Setting

## GRIEF

- Bereavement
- End of Life Care
- Grief/Loss
- Heartache
- Hospice
- Loss of Innocense
- Loss of Love

## HEALTH & HEALING

- Accelerated Healing
- Allergy Alleviation
- Better health
- Cancer Support
- Catastrophic Illness Support
- Chronis Illness
- Chronic Pain Alleviation (Relief)
- Debilitating Conditions
- General Health
- Healing
- Healing from Sexual Assault
- Health maintenance
- Hope Coaching
- Humor in Healing
- Hypnoanesthesia
- Imagery for side effects of Cancer Treatment
- Improved Health
- Mind/Body Wellness
- Non-pharmacologic Surgical Analgesia
- Optimal Health
- Palliative Care
- Post-Operative Healing
- Pre-Surgery Preperation
- Ringing in Ears
- Surgery Prep/Revovery
- Wellness
- Whole Health
- Women's Wellness

## MEDICAL/HEALTH SUPPORT

- Anxiousness
- Chronic Pain
- Discomfort
- Situational Stress

## MEMORY & CONCENTRATION

- Concentration
- Focus Training
- Focused Attention
- Improved Focus
- Memory
- Mental Training
- Mind Fitness

## PHYSICAL CHALLENGES

- Limited Mobility
- Working w/Handicap Persons

## PREGNANCY ISSUES

- Child Birth
- Enhanced Fertility
- Hypnosis Assisted Birthing
- Peaceful Pregnancy
- Pre-Post Natal
- Prenatal Wellbeing

## RELATIONSHIPS

- Compatibility
- Intimacy/Sexual Health
- Loss of Love
- Peaceful Sleep Programming
- Sexual Enhancement
- Sexual Health

## SLEEP

- Sleep Well
- Sleeplessness

## SMOKING

- Smoking/Tobacco Cessation

## SPECIALIZED MODALITIES

- Business Coaching
- Coaching
- Conversational Hypnosis
- EFT
- Forensic
- Hope Coaching
- Life Coaching
- Life Plan
- Life Purpose
- Life Skills
- Life Transitions
- NLP
- Parts
- Quantum Focusing
- Regression
- Reiki
- Work/Life Balance

## SPIRITUAL HYPNOSIS

- Spirituality

## STAGE HYPNOSIS

- Hypnotic Entertainment
- Stafe Presentation

## STRESS

- General Relaxation
- Relaxation
- Situational Stress
- Stress Relief